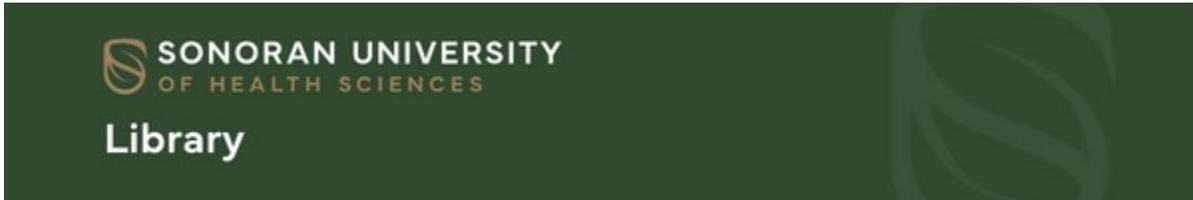


**Robert Wilbanks**

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**From:** Library  
**Sent:** Tuesday, April 2, 2024 11:05 AM  
**To:** Library  
**Subject:** Sonoran University Library News: Tips, Tricks & Tidbits



*Providing the Resources You Need, Giving You the Power to Succeed.*

**NEWSLETTER**  
**Tips, Tricks & Tidbits**  
**April 2nd, 2024**



*WELCOME BACK*  
*TO STUDENTS RETURNING FROM BREAK !!!*  
*Hope You had a truly wonderful and relaxing Break.*  
*Wishing All much success for the Spring Quarter 2024.*

# ACLAND'S VIDEO ATLAS OF HUMAN ANATOMY

**Acland's Video Atlas of Human Anatomy** is a series of anatomy lessons on video presented by Robert D. Acland. Dr. Acland was a professor of surgery in the division of plastic and reconstructive surgery at the University of Louisville School of Medicine. The Atlas was originally released as a series of VHS tapes, published individually between 1995 and 2003. The series was re-released in 2003 on DVD as *Acland's DVD Atlas of Human Anatomy* (available for checkout from the Library) and is now an online resource available through the Sonoran Library's MySonoran page. The **Acland's Video Atlas of Human Anatomy** contains nearly 330 **videos**, broken down into 30 second to 5 minutes in length, of real **human** anatomic specimens in their natural colors, including 5 new, groundbreaking **videos** of the inner ear. This is a real 3-D look at the human anatomy as Dr. Robert **Acland** presents moving structures — muscles, tendons, and joints — making the same movements that they make in life. It is a very popular video series amongst medical and non-medical personnel alike.

This is a great supplement for the Cadaver lab experience, and is great for reviewing and retaining your basic anatomy knowledge as you move beyond your basic science curriculum.



## BADGE REQUIRED

**Don't Forget Your Sonoran University Identification Badge**

Remember, your Sonoran University ID Badge is still required to be on campus, to enter certain areas of the campus, and for printing.

**NO FOOD IN THE LIBRARY**  
**PLEASE HELP KEEP THE LIBRARY CLEAN**



## SONORAN UNIVERSITY LIBRARY HOMEPAGE

Here is the Link to the Library home page on MySonoran: <http://library.sonoran.edu> While a few pages are open outside of logging into MySonoran, you really want to login to MySonoran (provided by I.T.) to access all the extensive resources in the Library. On the Library home page, underneath the Welcome information section, is a General Library Overview section. It includes a short 8-minute video providing a General Overview on navigating the Library's MySonoran (formerly MySCNM) pages and accessing the resources found there. Additionally, you will learn about the Library User Account set-up, and how to navigate the Library pages to find and access the Library's electronic books, databases and other resources on the Library's MySonoran pages. There is also a quick easy document to scroll through for a basic understanding of the Library. Also note links to other Library pages in the menu options on left side of any of the MySonoran Library pages.

### LIBRARY PAGE DOESN'T REQUIRE LOGIN

Just to clarify, the Library Home Page, and a few other Library pages, on the MySonoran portal is an open access page. No Logon is required. Just visit the pages and start scrolling. Your Library Account Logon is only required when you are off campus and click on the various links provided on the Library pages. This is a very important distinction.

MySonoran is an online portal serving prospective students, current students, faculty and alumni of Sonoran University of Health Sciences. MySonoran provides access to the following:

- Current students can access course information, student schedules, unofficial transcripts, grade reports, and other student services.
- Alumni have a secured alumni-only section with resources for Sonoran University grads.
- Faculty and staff can access internal policy documents, online forms, and department resources.



**BookFinder.com**

Check out this excellent internet wide search engine, [bookfinder.com](http://bookfinder.com), that locates any and all new, used and out-of-print books for sale anywhere on the internet. It is great to help you find the best deals, comparing prices on such sites as Alibris, AbeBooks, Amazon, eCampus, Textbooks.com, Ebay, and more.

### DRY ERASE MARKERS

Dry Erase Markers are available in the Library for a limited check-out period of 24 hours. When you are done with the markers, please return the markers directly to staff, or to the Indoor Library Book drop. This can be found in the Lim Commons, Second Floor, the Book Drop Slot, a metal handle on the wall, is located to the far right of the library entrance (at the east end of the hall). Make sure you are returning 4 markers (black, red, green, blue) and an eraser in the Sonoran University Library bag with ID barcode number. Kits returned late or incomplete will be assessed fees to the borrower.

# NATURAL MEDICINES

Formerly Natural Standard and  
Natural Medicines Comprehensive Database



Natural Medicines Database is a revamped database created out of the combining of two previous databases. **Natural Medicines** offers quick access to comprehensive, evidence-based, peer-reviewed information on foods, herbs, supplements and natural therapies. Monograph sections include interactions, adverse effects, allergies, efficacy, pregnancy/lactation data and mechanism of action. English, French & Spanish Patient Handouts are available. You can also search by specific medical conditions and find information a various medical therapeutics and varying naturopathic modality treatments. If you have not used this resource, we suggest you take a look at the database and its new features. The following are some of the features of this very comprehensive database:

- More topics and more clinically relevant, bottom line focused information, including rigorous evidence-based ratings for over 1200 Food, Herb, and supplement monographs
- Over 90,000+ entries for commercial dietary supplement products including product data and ratings using the evidence-based NUMBER system
- An improved interaction checker featuring the ability to check interactions between prescription drugs and 90,000+ commercial dietary supplements and natural ingredients
- An improved drug-supplement interaction data including evidence-based interaction severity ratings
- An Effectiveness Checker that enables quick comparison of the effectiveness of different natural medicines for specific condition
- Natural MedWatch feature that provides adverse event reporting at the point of care and allows you to quickly submit adverse event related to dietary supplements, print reports for patient charts, and data share with colleagues

## LIBRARY TECHNICAL SUPPORT ON MYSONORAN

The library has a page on the Library MySonoran site that provides Library Technical Support: [https://my.sonoran.edu/ICS/Library/Library\\_Technical\\_Support.inz](https://my.sonoran.edu/ICS/Library/Library_Technical_Support.inz) You will need to be logged in to MySonoran to access. Please go to this page for our many Troubleshooting tips regarding strictly Library Technical issues when having trouble accessing the Library's resources and utilizing your Sonoran Library account. You will also note MobilityPrint and Lockdown browser information is incidentally included as well; with direction to seek assistance from I.T. as needed.

## ELECTRONIC TEXTBOOKS AVAILABILITY

Please be aware: Unfortunately, many publishers will not make electronic books available to Libraries and other Academic Institutions. Therefore, we are unable to acquire certain titles of required or recommended textbooks for the Nutrition Programs, and possible other courses, in the ebook format for the Sonoran University Library Collection. We greatly apologize for the inconvenience.

## **APPOINTMENTS REQUIRED CANCELLATION ESSENTIAL**

### Contact the Library Directly

The Library is openly accessible. No appointment required for the open use area, including the copier/printer, computers, etc.

Library Study Rooms are **NOT** available on a 'first-come, first-serve' basis. A Reservation is **required**. Please make sure that you are [reserving study rooms inside the Library](#) due to space limitations and high demand.

You are still required to schedule an appointment date, time and length of time, in order to come in to utilize the Library Study Rooms only. If you are unable to keep your appointment, it is absolutely essential that you contact us at your earliest possible convenience to cancel. Available appointment spots are limited.

## **CONTACTING THE LIBRARY**

For any Library questions or assistance, please contact the library by e-mail as the primary method of communication. Due to the library's limited hours and staffing, the library staff is more likely to be able to respond by e-mail at most any time in the order they are received; though delays may occur. If extensive assistance by phone is necessary, scheduling an appointment during the above mentioned Library hours will be required. Teams appointments may be scheduled for Library video instruction.

- Library Home Page : <http://library.sonoran.edu>
- Library Catalog : <http://librarycatalog.sonoran.edu>
- Library Facebook Page: <http://facebook.com/sonoranlibrary>
- Library E-mail: [library@sonoran.edu](mailto:library@sonoran.edu)

If you have any questions, don't hesitate to ask.  
Come In And Enjoy Your Library Privileges!

Library Staff and Bookroom Hours:  
Monday-Friday: 8:00am-5:00pm  
Not staffed Saturday, Sunday, Major Holidays and Fall Break

Sincerely,  
Library Staff



Evidence-  
Based, Naturally

**Library Staff**  
Sonoran University Library

**Sonoran University of Health Sciences**  
2140 E Broadway Rd. | Tempe, AZ 85282  
480-222-9247 (office) | 480-222-9447 (fax)  
[Library@Sonoran.edu](mailto:Library@Sonoran.edu)

[Library Home Page](#) [Library Facebook Page](#)

[sonoran.edu](http://sonoran.edu)

