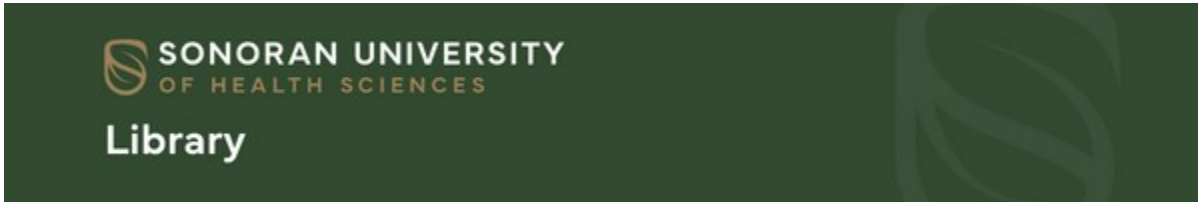


Robert Wilbanks

From: Library
Sent: Tuesday, April 16, 2024 3:00 PM
To: Library
Subject: Sonoran University Library News: Tips, Tricks & Tidbits



Providing the Resources You Need, Giving You the Power to Succeed.

NEWSLETTER
Tips, Tricks & Tidbits
April 16th, 2024



Nutrition.gov is a USDA-sponsored website that offers credible information to help you make healthful eating choices. It serves as a gateway to reliable information on nutrition, healthy eating, physical activity, and food safety for consumers. The site is updated on an ongoing basis by a staff of Registered Dietitians at the Food and Nutrition Information Center (FNIC) located at the National Agricultural Library (NAL), Agricultural Research Service (ARS), U.S. Department of Agriculture (USDA). The website receives content guidance from a working group that consists of scientific experts in food and nutrition within USDA and the U.S. Department of Health and Human Services (HHS).

Nutrition.gov was launched in 2004 as part of the USDA's Obesity Intervention Plan. It is funded by the Research, Education and Economics (REE) mission area of USDA.

The materials found on this website are not intended to be used for the diagnosis or treatment of a health problem or as a substitute for consulting a licensed health professional. Thank you for visiting Nutrition.gov!

LIBRARY OPEN TO ALL AT SONORAN UNIVERSITY

All members of the Sonoran University Community (Students, Faculty, Physicians, Staff, & Alum) can use the library and its various resources, including checking out books, and online resources. Please avail yourself of this benefit; contact the Library to set up an account with us anytime. Also, come by at your convenience and let us show you how you can best utilize the resources that fit your needs.

BATES' VISUAL GUIDE TO Physical Examination

Available through the Library page on MySonoran, this program / database can help with the CLPR courses, Clinical Entry/Exit, and other Point-of-Care Doctor/Patient interaction learning.

Now in its Fifth Edition and featuring completely reshot content and new clinical skills videos, **Bates' Visual Guide** delivers head-to-toe and systems-based physical examination techniques for the (Advanced) Assessment or Introduction to Clinical Medicine course. The site features more than 8 hours of video content. Students and faculty in medical, nursing, and related programs will appreciate the careful attention to clinical accuracy, as well as the range of patient types profiled in the series. Institutions will benefit from the online delivery of content—available for the first time via IP-authenticated or referring URL access—allowing their users to view the videos from any web-based location or device. Lynn Bickley, MD, author of *Bates' Guide to Physical Examination and History Taking*, serves as advisor to the project, ensuring the clinical content and its evidence-based origins are maintained. Dr. Bickley also worked with the professionals and actors herein to present a “patient-first” approach to the physical exam. When paired with the Bates’ text, which is available in a range of print and digital formats, **Bates' Visual Guide** serves as a complete learning solution for assessment instruction and student preparedness for the boards and the patient encounter.

In April 2022, 27 new videos were added to the Sonoran University Library's **Bates' Visual Guide** subscription.

BATES' VISUAL GUIDE TO Physical Examination

English | Southwest College of Naturopathic Medicine | Sign Out

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Wolters Kluwer

Bates' Physical Examination Videos ▾ OSCE Clinical Skills Videos About

Bates' Physical Examination Videos

Watch a full volume or view chapter-by-chapter:

1. Head-to-Toe Assessment: Adult >
2. Head-to-Toe Assessment: Infant >
3. Head-to-Toe Assessment: Child >
4. Head-to-Toe Assessment: Older Adult >
5. General Survey and Vital Signs >
6. Skin >
7. Head, Eyes, and Ears >
8. Nose, Mouth, and Neck >
9. Thorax and Lungs >
10. Cardiovascular System >

OSCE Clinical Skills Videos

Prepare for the OSCEs by observing a patient encounter and practicing your clinical reasoning skills.

OSCE 1: Chest Pain (14:33)
A 50-year-old school counselor presents with a complaint of sharp chest pains over the prior 2 weeks.

OSCE 2: Abdominal Pain (12:42)
A 64-year-old stockbroker presents with pain in the upper part of the abdomen, which has spread to the back.

OSCE 3: Sore Throat (15:08)
A 17-year-old high school student presents with a complaint of a sore throat, aches, and fatigue.

OSCE 4: Knee Pain (17:44)
A 45-year-old teacher presents with pain in the left knee, which makes it

THE INFOGRAPHIC GUIDE TO MEDICINE

In healthcare, infographics are powerful digital tools that enable patients to have the required knowledge to understand information on specific diseases, procedures, and trending healthcare topics. For example, how a disease can occur, be treated, and possibly, even prevented. They help disseminate critical information to patients, caregivers, and the general public. In public health campaigns, for example, then are perfect for educating the general population about important health topics, such as disease prevention, healthy lifestyles, and emergency preparedness.

- The infographics on AccessMedicine are a collection of over 600 one-page medical infographics that are high-yield summaries spanning 16 specialty areas that also serve as a point of entry into our core foundational content.
- Users can select from among 16 specialties. After choosing a specialty, the user may then select a specific card within the specialty.
- Once a specific card is chosen, related content from AccessMedicine is populated to the right so that the user may take a deeper dive into the content from our core foundational resources.
- Great for a review for residents or students after encountering a case; nice way to easily and graphically review material succinctly and quickly in lieu of or in addition to heavier reading materials.
- Often used by med students to review information before they approach a patient and as a high-yield review.
- With medical students under more pressure than ever to maximize their learning time, The Infographic Guide to Medicine enables the modern student to absorb as much information as possible, in as little time as possible.
 - Contains over 600 infographics with top diagnoses
 - Aligned with USMLE Steps 1 and 2
 - Condensed into one-page snapshots
 - Easy-to-remember visuals
 - Color coding for topic groupings and text placement

NO FOOD IN THE LIBRARY
PLEASE HELP KEEP THE LIBRARY CLEAN



LIBRARY TIP: WHITE BOARDS GET ERASED

Take pictures of the information and artwork that you place on the white boards in the Library, and other Lim Commons, study rooms. We cannot guarantee that it will still be there hours later or the next day. With the photos on your phone, you can refer to, or study from them later, or use them to recreate on another white board elsewhere at a later date.

BOARD REVIEW SERIES E-BOOKS

Don't forget that we have the complete Board Review Series (BRS) of books in electronic format in the Sonoran University Library's e-Resources collection. You will find the direct link on the Library's MySonoran Resources page as **BRS E-Books** in the A-Z Resources listing, and in the E-Books listing of links. The following are just some of the e-books included in the BRS series:



As always, e-books are generally not downloadable. But they are always available only through the Library's MySonoran webpage. Be sure to only link directly from the link provided.

DID YOU KNOW: SOME E-BOOKS HAVE AUDIO READING ABILITIES

If you were not aware, some of the Electronic Books, available through the various databases, have Audio Readers imbedded by Chapter or Sections. Additionally, while listening to the Audio Reader, you can follow along as what is being read is highlighted. Here is an image example from the book **Current Medical Diagnosis & Treatment** available in the AccessMedicine database. See the audio reader button circled in blue with the section being read highlighted in green and the immediately word being read in blue:



APPOINTMENTS REQUIRED

CANCELLATION ESSENTIAL

Contact the Library Directly

The Library is openly accessible. No appointment required for the open use area, including the copier/printer, computers, etc.

Library Study Rooms are **NOT** available on a 'first-come, first-serve' basis. A Reservation is **required**. Please make sure that you are [reserving study rooms inside the Library](#) due to space limitations and high demand.

You are still required to schedule an appointment date, time and length of time, in order to come in to utilize the Library Study Rooms only. If you are unable to keep your appointment, it is absolutely essential that you contact us at your earliest possible convenience to cancel. Available appointment spots are limited.

CONTACTING THE LIBRARY

For any Library questions or assistance, please contact the library by e-mail as the primary method of communication. Due to the library's limited hours and staffing, the library staff is more likely to be able to respond by e-mail at most any time in the order they are received; though delays may occur. If extensive assistance by phone is necessary, scheduling an appointment during the above mentioned Library hours will be required. Teams appointments may be scheduled for Library video instruction.

- Library Home Page : <http://library.sonoran.edu>
- Library Catalog : <http://librarycatalog.sonoran.edu>
- Library Facebook Page: <http://facebook.com/sonoranlibrary>
- Library E-mail: library@sonoran.edu

If you have any questions, don't hesitate to ask.
Come In And Enjoy Your Library Privileges!

Library Staff and Bookroom Hours:
Monday-Friday: 8:00am-5:00pm
Not staffed Saturday, Sunday, Major Holidays and Fall Break

Sincerely,
Library Staff



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Based, Naturally

Library Staff
Sonoran University Library

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2140 E Broadway Rd. | Tempe, AZ 85282
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