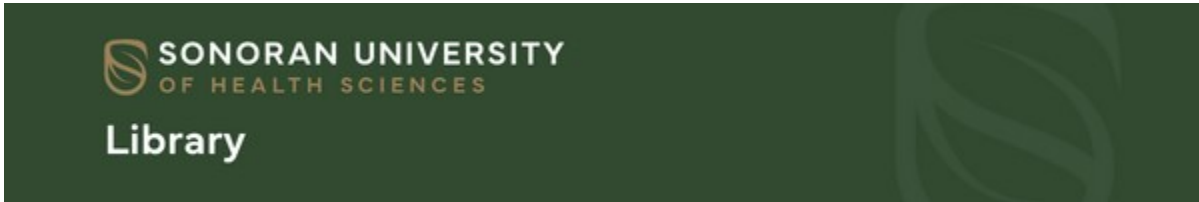


Robert Wilbanks

From: Library
Sent: Tuesday, December 12, 2023 9:11 AM
To: Library
Subject: Sonoran University Library News: Tips, Tricks & Tidbits



Providing the Resources You Need, Giving You the Power to Succeed.

NEWSLETTER
Tips, Tricks & Tidbits
December 12th, 2023



OBSERVE QUIET PLEASE

With ND Final Exams Week here, let us all be mindful in the Library as many seek a quiet place to study.

While we all know that being Quiet is a standard practice when using a Library, often without thinking many of us will get loud using the phone, or talking over the copy machine, or discussing class or club activities and more. Fairly quickly the noise level will build. As a courtesy to your fellow students, as we approach the end of the Quarter and Final Exams approach quickly, let's try to practice a little more mindfulness with regard to the noise we may be making as individuals or in groups. Thank you.

LIBRARY STUDY ROOMS LIMITED AVAILABILITY

Be advised that due to ND Final Exams taking place in the Library during Final Exams Week, December 11th to 15th, there will be an extreme limited availability of the Study Rooms in the Library. Please prepare and plan accordingly.

LIBRARY SERVICES FOR SONORAN UNIVERSITY ALUM

The Sonoran University Library continues to support you after you graduate and as you begin practice as a health professional.

For up to six months after graduation, you will continue to have full library privileges, including remote online access to licensed databases. After the six-month extension period (ending December 31st, or June 30th; depending on when you graduate), remote offsite access to the Library databases will be cut off completely and permanently. This is due to contractual obligations with the vendors which limits the databases to on-campus use only. However, if you keep your Sonoran E-mail Active, and maintain your MySonoran Portal Log-on, there are some certain online resources that you can still have access to.

Of course, if you remain in the vicinity of Sonoran University, you will always have the ability to utilize the Library's resources, including the online resources in the Library, when visiting the Library. You will continue to have the many advantages of the library, including book check-out, research assistance and Interlibrary Loan services. You are allowed to check out up to 10 items for a period of three weeks with two renewals; just like when you were a student.

If you have any questions concerning your library account, please visit us at the library, send an email to library@sonoran.edu or call us at 480-222-9247. We wish you continued success after you graduate.

ATTENTION ND STUDENTS PREPARING FOR THE NPLEX BOARD EXAMS

For those ND Students preparing to take the NPLEX Board Exams, here is some information of the Library's Board Related Study Resources. Please take advantage of what we have. If you have any questions, come and talk to the Library Staff. We have what you need to help you succeed.



First, of course, we have the question banks. Links are provided on the Library's MySonoran page: <http://my.sonoran.edu/ICS/Library> Register to create an account for access from home.

Also, the Library has many copies of the original NPLEX parts 1 & 2 Study Guide, often referred to as the NPLEX Blueprints (though it is no longer blue). The 2016 and newer editions are no longer available in hard copy, but PDF versions are available to all Sonoran Students, Faculty and Staff on the "Individual E-Books" page at [https://my.sonoran.edu/ICS/Library/Naturopathic Medicine Resources.jnz](https://my.sonoran.edu/ICS/Library/Naturopathic_Medicine_Resources.jnz) of the Library MySonoran page; you must be logged in to MySonoran to view this page. Past issues of the NPLEX Study Guides, 2012 through 2015, are available in hardcopy and may check out for 3 weeks. In addition to sample questions, of note in the back of these books are listings of the books often referenced for creating the questions for the NPLEX. The Sonoran Library has many copies of these books in the collection.

Additionally, the Library has many many book resources, such as current and many past issues of the "First Aid" series for the USMLE. Current and many past issues of the "Healing Mountain", an now "Wild Brilliance", publications on preparing for the NPLEX are also available, and for the NPLEX 2, we have a few copies of the great publication "Core Knowledge for NPLEX 2".

We also have many of the books of the "Board Review Series" aka "BRS", the "Made Ridiculously Simple Series", and more, plus we have Flash Cards for topics such as Anatomy, Pathology, Botanical Medicine, Physical Medicine, Homeopathy, and more. Please come in and ask the Librarians for help accessing our online resources and about our many varied Board Review materials on the shelves.

LIBRARY OPEN FOR THE BREAK

The Library is often open during any of the between-quarter Breaks; possibly excepting the Fall to Winter Holiday Break or with limited hours. While many of you may travel during the Break periods, the staff remain here to complete many various tasks and projects, or prepare for the orientations of the new incoming class, or generally getting ready for the next quarter, etc.

The Library will be staffed and available to continue to provide our many Library services, including checking out of materials, research assistance, inter-library loan, and more.

For those of you who are not going anywhere, you are more than welcome to come in and visit us. Get a head start on the next quarter, finish up any previous quarter work, or just check out what we have just for fun. For those who do not have computers or printers at home, you can come in to check your e-mail, copy or print, research, download data, etc. More seriously, you can do some case research for your Break Clinic Shifts.

Check out some casual reading materials, or video and audio materials, for the Break.



LIBRARY BREAK PERIOD & HOLIDAY CLOSURE

IMPORTANT !! Library Hours will be limited during this Break Period. If you anticipate needing Library or Testing Center Services during this Break Period, please contact the Library Staff before the Break to coordinate your needs.

The Sonoran University Library will be closed Friday, December 22nd, and Monday, December 25th for the Christmas Eve, and Christmas Day Holidays. Closure for New Years' Eve, and New Years' Day will be Friday, December 29th, and Monday, January 1st. The Library will return to normal hours when the Winter Quarter begins on January 2nd, 2024.





WATCH FOR E-MAILS FROM LIBRARY

We know that you receive a lot of e-mails to your Sonoran University E-mail address, and so it can be burdensome to monitor or respond to every e-mail. But please do try to pay special attention to e-mails from the Library. They could be important notifications of items checked out coming due, or past due. Library Fines could accrue if you fail to return or renew the items checked out to you.

ERASING THE WHITE BOARDS

Please do not use sanitizing wipes on the White Boards. Erasers are provided by the Library, as well as White Board spray cleaner when the need for a deep cleaning is warranted.

DR. ANDERSON'S FREE ONLINE NPLEX REVIEW COURSES

For our ND Students, in case you aren't already aware, we share the following:

Dr. Paul Anderson is a former instructor here at Sonoran University. He is well known and highly regarded for his instructional/review material for preparing for the NPLEX Board Exams.

This link is to his Free Online NPLEX Basic Science Review

Course: <https://www.consuldranderson.com/courses/basic-science-boards>

This link is to his Free Online NPLEX Clinical Science Review

Course: <https://www.consuldranderson.com/courses/clinical-science-boards>

You may still need to register, but you can take the courses anytime at your own pace. Check it out. Maybe it will help. Share with your classmates. Good Luck.



APPOINTMENTS REQUIRED CANCELLATION ESSENTIAL

Contact the Library Directly

The Library is openly accessible. No appointment required for the open use area, including the copier/printer, computers, etc.

Library Study Rooms are **NOT** available on a 'first-come, first-serve' basis. A Reservation is required. Please make sure that you are [reserving study rooms inside the Library](#) due to space limitations and high demand.

You are still required to schedule an appointment date, time and length of time, in order to come in to utilize the Library Study Rooms only. If you are unable to keep your appointment, it is absolutely essential that you contact us at your earliest possible convenience to cancel. Available appointment spots are limited.

CONTACTING THE LIBRARY

For any Library questions or assistance, please contact the library by e-mail as the primary method of communication. Due to the library's limited hours and staffing, the library staff is more likely to be able to respond by e-mail at most any time in the order they are received; though delays may occur. If extensive assistance by phone is necessary, scheduling an appointment during the above mentioned Library hours will be required. Teams appointments may be scheduled for Library video instruction.

- Library Home Page : <http://library.sonoran.edu>
- Library Catalog : <http://librarycatalog.sonoran.edu>
- Library Facebook Page: <http://facebook.com/sonoranlibrary>
- Library E-mail: library@sonoran.edu

If you have any questions, don't hesitate to ask.
Come In And Enjoy Your Library Privileges!

Library Staff and Bookroom Hours:
Monday-Friday: 8:00am-5:00pm
Not staffed Saturday, Sunday, Major Holidays and Fall Break

Sincerely,
Library Staff



Evidence-
Based, Naturally

Library Staff
Sonoran University Library

Sonoran University of Health Sciences
2140 E Broadway Rd. | Tempe, AZ 85282
480-222-9247 (office) | 480-222-9447 (fax)
Library@Sonoran.edu

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