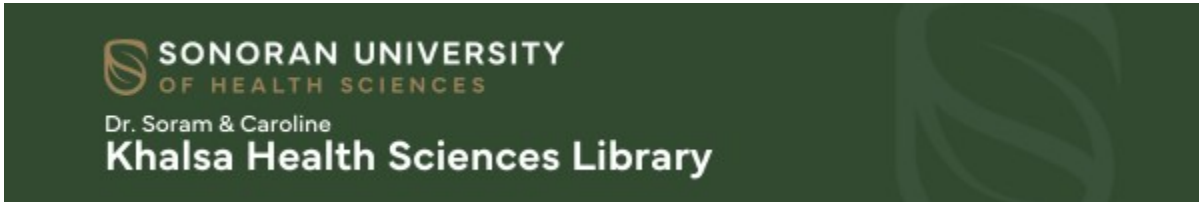


Robert Wilbanks

From: Library
Sent: Tuesday, January 27, 2026 11:06 AM
To: Library
Subject: Sonoran University Library News: Tips, Tricks & Tidbits



Providing the Resources You Need, Giving You the Power to Succeed.

NEWSLETTER Tips, Tricks & Tidbits January 27, 2026

PICO : PERFORMING AN EFFECTIVE LITERATURE SEARCH

[Seven Steps to the Perfect PICO Search](#)

The actual search for high quality clinical research evidence can be overwhelming to many. By utilizing the PICO format, the search process will be streamlined and will yield the best available evidence to support clinical decisions and explore alternative treatments and procedures. Click on the link for EBSCO's Downloadable detailed PDF article on the **[Seven Steps to the Perfect Pico Search](#)**.

- **Define your topic or question**
 - As much as possible, clearly define your question
 - Consider utilizing PICO for medical questions –
 - P – Patient/Population or Problem
 - I – Intervention (often treatment, diagnostic test, or procedure)
 - C – Comparison (Is there a control group or another intervention to consider?)
 - O – Outcome

NUTRITION REFERENCE CENTER

[Nutrition Reference Center](#)

Important Update: Now part of [Nursing and Allied Health Reference Source](#)
Clinical nutrition information and patient education. An evidence-based point-of-care tool that provides nutritionists and dietitians with access to the most current evidence-based information on nutrition best practices.



[AccessPediatrics from McGraw-Hill](#)

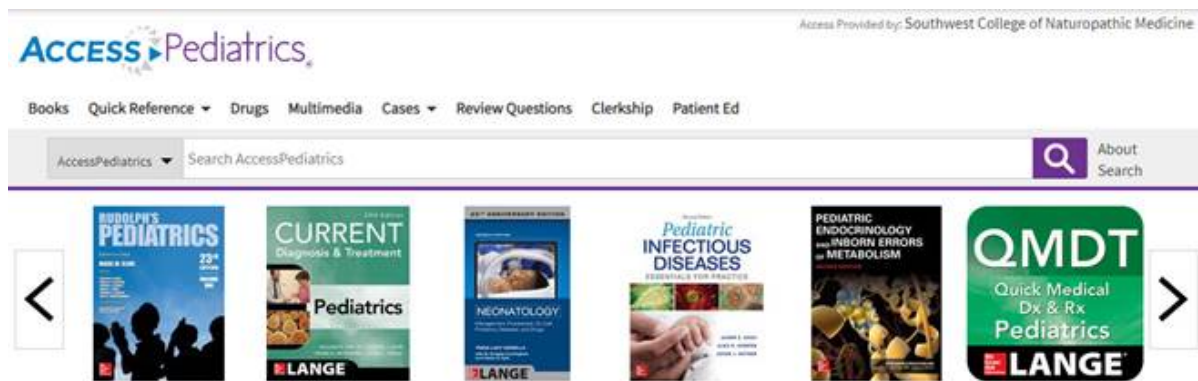
This is a database that contains a wealth of electronic books, cases, and other resources, specific to Pediatric Medicine.

(Register to create a MyAccess account for on and off campus use with additional features. Must register with Sonoran University email. There is a 90 day re-authentication requirement.)

All of the electronic books in this database have been added to the Library Catalog. A 'Simple Search' in the Sonoran University Library Catalog utilizing the keyword 'AccessPediatrics' will create a list of all of the Electronic Books in the McGraw-Hill AccessPediatrics database. The direct links for off-site access will be included with each title in the results list.

Of course, you must be a current member of the Sonoran University Community and will be required to enter your Sonoran University Library username and password.

<http://librarycatalog.sonoran.edu>



About AccessPediatrics

What is AccessPediatrics?

AccessPediatrics from McGraw-Hill Medical covers the entire span of pediatric practice, from neonatology through adolescent medicine. Updated regularly and optimized for viewing on any device, this comprehensive online pediatric resource provides instant access to information essential for completing evaluation, diagnosis, and case management decisions, as well as for pursuing research or self-assessment and board review -- all in one place.

Authoritative, trusted, and content-rich, AccessPediatrics is an innovative pediatric website guided by a preeminent [Advisory Board](#) that includes the four of the field's top academic experts and is led by Camille Sabella, MD, of the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University School of Medicine and the Center of Pediatric Infectious Diseases at the Pediatrics Institute, Cleveland Clinic Children's Hospital.

AccessPediatrics can help medical students to excel in their clerkship through use of use videos, cases, and Q&A; assist residents with leading pediatric textbooks and vignette style exam prep that will establish an important foundation for future practice, and allow practicing pediatricians to quickly search for relevant clinical information.

Why is AccessPediatrics unique?

AccessPediatrics provides unique benefits that deliver indispensable support in resident education and clinical practice – through these exclusive interactive features:

[Leading pediatric textbooks](#) – References to help clerks and residents successfully make it through their rotation or residency. AccessPediatrics is the only place to view the fully searchable and complete content of the landmark pediatric text for more than a century, *Rudolph's Pediatrics*, and also offers *CURRENT Diagnostics & Treatment: Pediatrics* and *Lange Neonatology*.

[Quick Reference](#) – Concise outlines of conditions and disorders most often encountered in medical practice from the *Texas Children's Hospital Handbook* – whether used as a high-yield review for studying or for quick reference in a clinical setting. Images and algorithms are also highlighted in the search to help confirm diagnosis and clinical decision making.

[Extensive multimedia library](#) – A unique collection of procedure and concept videos that dynamically illustrate and explore anatomy and physiology to prime residents for hands on work in their field.

[Pediatric Board Review](#) – Designed to prepare residents with extensive Q&A that mirrors the case vignette style seen on today's pediatric board exams.

[2 Minute Medicine](#) – Concise and curated reviews and summaries of new medical studies. Studies are rated for the appraisal of evidence-based medicine.

[Integrated Drug Database](#) – Look up pediatric dosing, indications, and adverse reactions quickly for generic and brand-name drugs with printable patient handouts presented in English and Spanish.

[Clerkship Corner](#) – Acquire the complete scope of information medical students need for a successful rotation in pediatric medicine, including targeted texts and case studies.

APA PsycTHERAPY from EBSCO

900 videos showing various treatment approaches.

APA PsycTherapy is a streaming video database of therapy demonstrations with hundreds of videos showing various treatment approaches. APA PsycTherapy is intended for educational purposes, specifically in clinical training and counselor education, and provides clinicians, counselors, and trainees the opportunity to observe candid psychotherapy videos featuring known therapists.

This proven counseling training method is an invaluable tool to remain abreast of the latest psychotherapy techniques. Therapists cover more than 150 approaches, such as integrated behavioral healthcare, cognitive behavior therapy and acceptance and commitment therapy. All therapy demonstrations in APA PsycTherapy are unscripted and were taped within the past ten years.

BADGE REQUIRED

Don't Forget Your Sonoran University Identification Badge

Remember, your Sonoran University ID Badge is still required to be on campus, to enter certain areas of the campus, and for printing.

LIBRARY'S INTERLIBRARY LOAN SERVICE

When you can't obtain the full text journal article you would like through the extensive Sonoran University Library's resources, or elsewhere on the internet, you can request the article through Inter-Library Loan (aka ILL), a standard service provided by most any Library. This service is provided Free to all current members of the Sonoran University Community, including Students, Faculty, Physicians, Staff and Alumni.

We can usually acquire the article for you within 1 to 4 business days.

We do require accurate and complete citation information for the article requested, such as:

- article title
- author(s)
- journal title
- journal volume number
- journal issue number
- journal date (month & year)
- article page number(s)
- article PMID (PubMed ID #, if available, would be very helpful)

You can submit the request through a number of methods:

1. using the 'Send To' feature on PubMed (see specific instructions on the Library's MySonoran page)
https://my.sonoran.edu/ICS/Library/Journal_Articles_Research_Inter-Library_Loan.inz?portlet=Free-form_Content_2019-08-09T09-16-14-638
2. using the 'Request this item through interlibrary loan' link on your iSearch hit

Please, before submitting an ILL request, be certain that you have exhausted all other avenues for locating your desired article in full text format. See information provided elsewhere on the Library's MySonoran page regarding other various online resources possible for locating Free Full Text journal articles. The Library will not fulfill requests if we locate it as open access on the internet. However, we may direct you to where you can locate the document yourself. Also, please submit requests from one to no more than 5 at a time.

Interlibrary Loan (ILL) office hours are 10:30-3:30 pm Monday – Thursday, except for Holidays. Requests placed after 3:00pm may not be processed until the next business day.

NO FOOD IN THE LIBRARY
PLEASE HELP KEEP THE LIBRARY CLEAN



APPOINTMENTS REQUIRED **CANCELLATION ESSENTIAL** Contact the Library Directly

The Library is openly accessible. No appointment required for the open use area, including the copier/printer, computers, etc.

Library Study Rooms are **NOT** available on a 'first-come, first-serve' basis. A Reservation is **required**. Please make sure that you are [reserving study rooms inside the Library](#) due to space limitations and high demand.

You are still required to schedule an appointment date, time and length of time, in order to come in to utilize the Library Study Rooms only. If you are unable to keep your appointment, it is absolutely essential that you contact us at your earliest possible convenience to cancel. Available appointment spots are limited.

CONTACTING THE LIBRARY

For any Library questions or assistance, please contact the library by e-mail as the primary method of communication. Due to the library's limited hours and staffing, the library staff is more likely to be able to respond by e-mail at most any time in the order they are received; though delays may occur. If extensive assistance by phone is necessary, scheduling an appointment during the above mentioned Library hours will be required. Teams appointments may be scheduled for Library video instruction.

- Library Home Page : <http://library.sonoran.edu>
- Library Catalog : <http://librarycatalog.sonoran.edu>
- Library Facebook Page: <http://facebook.com/sonoranlibrary>
- Library E-mail: library@sonoran.edu

If you have any questions, don't hesitate to ask.
Come In And Enjoy Your Library Privileges!

Library Staff and Bookroom Hours:
Monday-Friday: 8:00am-5:00pm
Not staffed Saturday, Sunday, Major Holidays and Fall Break

Sincerely,
Library Staff



Evidence-
Based, Naturally

Library Staff
Sonoran University Khalsa Health Sciences Library

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