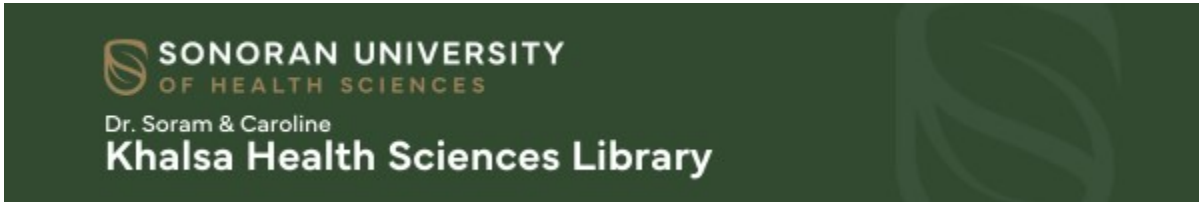


Robert Wilbanks

From: Library
Sent: Tuesday, July 2, 2024 11:41 AM
To: Library
Subject: Sonoran University Library News: Tips, Tricks & Tidbits



Providing the Resources You Need, Giving You the Power to Succeed.

NEWSLETTER
Tips, Tricks & Tidbits
July 2, 2024

WELCOME BACK !!!

*Hope You had a truly wonderful and relaxing Break.
Wishing All much success for the Summer Quarter 2024.*



BookFinder.com

Check out this excellent internet wide search engine, bookfinder.com, that locates any and all new, used and out-of-print books for sale anywhere on the internet. It is great to help you find the best deals, comparing prices on such sites as Alibris, AbeBooks, Amazon, eCampus, Textbooks.com, Ebay, and more.

DRY ERASE MARKERS

Dry Erase Markers are available in the Library for a limited check-out period of 24 hours. When you are done with the markers, please return the markers directly to staff, or to the Indoor Library Book drop. This can be found in the Lim Commons, Second Floor, the Book Drop Slot, a metal handle on the wall, is located to the far right of the library entrance (at the east end of the hall). Make sure you are returning 4 markers (black, red, green, blue) and an eraser in the Sonoran University Library bag with ID barcode number. Kits returned late or incomplete will be assessed fees to the borrower.



[Natural Medicines Database](#) is a revamped database created out of the combining of two previous databases. **Natural Medicines** offers quick access to comprehensive, evidence-based, peer-reviewed information on foods, herbs, supplements and natural therapies. Monograph sections include interactions, adverse effects, allergies, efficacy, pregnancy/lactation data and mechanism of action. English, French & Spanish Patient Handouts are available. You can also search by specific medical conditions and find information a various medical therapeutics and varying naturopathic modality treatments. If you have not used this resource, we suggest you take a look at the database and its new features. The following are some of the features of this very comprehensive database:

- More topics and more clinically relevant, bottom line focused information, including rigorous evidence-based ratings for over 1200 Food, Herb, and supplement monographs
- Over 90,000+ entries for commercial dietary supplement products including product data and ratings using the evidence-based NUMBER system
- An improved interaction checker featuring the ability to check interactions between prescription drugs and 90,000+ commercial dietary supplements and natural ingredients
- An improved drug-supplement interaction data including evidence-based interaction severity ratings
- An Effectiveness Checker that enables quick comparison of the effectiveness of different natural medicines for specific condition
- Natural MedWatch feature that provides adverse event reporting at the point of care and allows you to quickly submit adverse event related to dietary supplements, print reports for patient charts, and data share with colleagues

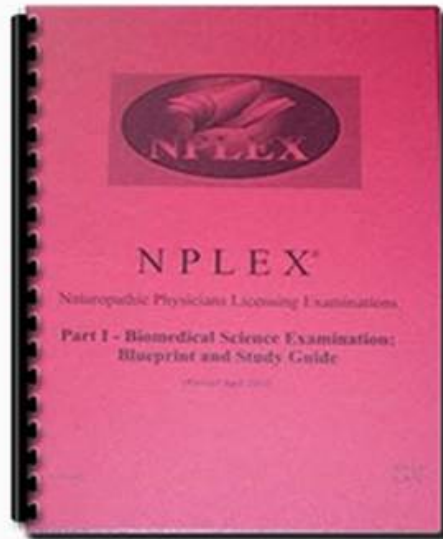
LIBRARY TECHNICAL SUPPORT ON MYSONORAN

The library has a page on the Library MySonoran site that provides Library Technical Support: https://my.sonoran.edu/ICS/Library/Library_Technical_Support.inz You will need to be logged in to MySonoran to access. Please go to this page for our many Troubleshooting tips regarding strictly Library Technical issues when having trouble accessing the Library's resources and utilizing your Sonoran Library account. You will also note MobilityPrint and Lockdown browser information is incidentally included as well; with direction to seek assistance from I.T. as needed.

ELECTRONIC TEXTBOOKS AVAILABILITY

Please be aware: Unfortunately, many publishers will not make electronic books available to Libraries and other Academic Institutions. Therefore, we are unable to acquire certain titles of required or recommended textbooks for the Nutrition Programs, and possible other courses, in the ebook format for the Sonoran University Library Collection. We greatly apologize for the inconvenience.

ATTENTION ND STUDENTS PREPARING FOR THE NPLEX BOARD EXAMS NPLEX BLUEPRINTS STUDY GUIDES



In addition to the Exam Master and Board Vitals online questions databanks, the Sonoran University Khalsa Health Sciences Library has many copies of the original NPLEX parts 1 & 2 Study Guide, often referred to as the NPLEX Blueprints (though it is no longer blue). Beginning in 2016, these books are no longer available in hard copy, but a PDF version is available to all Sonoran Students, Faculty and Staff on the "Naturopathic Medicine Resources" page at https://my.sonoran.edu/ICS/Library/Naturopathic_Medicine_Resources.inz of the Library MySonoran page; you must be logged in to MySonoran to view this page. On this page you will find downloadable PDF copies from 2016 to 2024. Meanwhile, older Past issues of the NPLEX Study Guides, 2012 through 2015, are available in hardcopy and may check out for 3 weeks. In addition to sample questions, of note in the back of the books are listings of the books often referenced for creating the questions for the NPLEX. The Library has many copies of these books in the collection, and they are usually available for check-out.

NO FOOD IN THE LIBRARY PLEASE HELP KEEP THE LIBRARY CLEAN & SANITARY



FOOTWEAR REQUIRED IN THE LIBRARY

Yes, it is getting warm, but Footwear is required in the Library. In addition to creating an unprofessional appearance, bare feet in the library is considered a health and safety issue. Footwear is required in the Sonoran University Library.

DR. ANDERSON'S FREE ONLINE NPLEX REVIEW COURSES

For our ND Students, in case you aren't already aware, we share the following:

Dr. Paul Anderson is a former instructor here at Sonoran University. He is well known and highly regarded for his instructional/review material for preparing for the NPLEX Board Exams.

This link is to his Free Online NPLEX Basic Science Review

Course: <https://www.consultdranderson.com/courses/basic-science-boards>

This link is to his Free Online NPLEX Clinical Science Review

Course: <https://www.consultdranderson.com/courses/clinical-science-boards>

You may still need to register, but you can take the courses anytime at your own pace. Check it out. Maybe it will help. Share with your classmates. Good Luck.

LIBRARY & CAMPUS CLOSED FOR HOLIDAY

Beginning 3pm, Wednesday, July 3rd, the Sonoran University Khalsa Health Sciences Library and Campus will be closed for

The Independence Day / July 4th Holiday

We will return to the Library on July 5th.



WATCH FOR VIDEO TUTORIALS

The Library has been searching for short video tutorials related to the different databases we have, and have been providing those links on the MySonoran pages where the relevant databases are identified. Watch for them, and utilize them to learn more about the databases. More will be added as they are located in the continuing search.

BADGE REQUIRED

Don't Forget Your Sonoran University Identification Badge

Remember, your Sonoran University ID Badge is still required to be on campus, to enter certain areas of the campus, and for printing.

APPOINTMENTS REQUIRED

CANCELLATION ESSENTIAL

Contact the Library Directly

The Library is openly accessible. No appointment required for the open use area, including the copier/printer, computers, etc.

Library Study Rooms are **NOT** available on a 'first-come, first-serve' basis. A Reservation is **required**. Please make sure that you are [reserving study rooms inside the Library](#) due to space limitations and high demand.

You are still required to schedule an appointment date, time and length of time, in order to come in to utilize the Library Study Rooms only. If you are unable to keep your appointment, it is absolutely essential that you contact us at your earliest possible convenience to cancel. Available appointment spots are limited.

CONTACTING THE LIBRARY

For any Library questions or assistance, please contact the library by e-mail as the primary method of communication. Due to the library's limited hours and staffing, the library staff is more likely to be able to respond by e-mail at most any time in the order they are received; though delays may occur. If extensive assistance by phone is necessary, scheduling an appointment during the above mentioned Library hours will be required. Teams appointments may be scheduled for Library video instruction.

- Library Home Page : <http://library.sonoran.edu>
- Library Catalog : <http://librarycatalog.sonoran.edu>
- Library Facebook Page: <http://facebook.com/sonoranlibrary>
- Library E-mail: library@sonoran.edu

If you have any questions, don't hesitate to ask.
Come In And Enjoy Your Library Privileges!

Library Staff and Bookroom Hours:
Monday-Friday: 8:00am-5:00pm
Not staffed Saturday, Sunday, Major Holidays and Fall Break

Sincerely,
Library Staff



Evidence-
Based, Naturally

Library Staff
Sonoran University Khalsa Health Sciences Library

Sonoran University of Health Sciences
2140 E Broadway Rd. | Tempe, AZ 85282
480-222-9247 (office) | 480-222-9447 (fax)
Library@Sonoran.edu

[Library Home Page](#) [Library Facebook Page](#)

sonoran.edu

