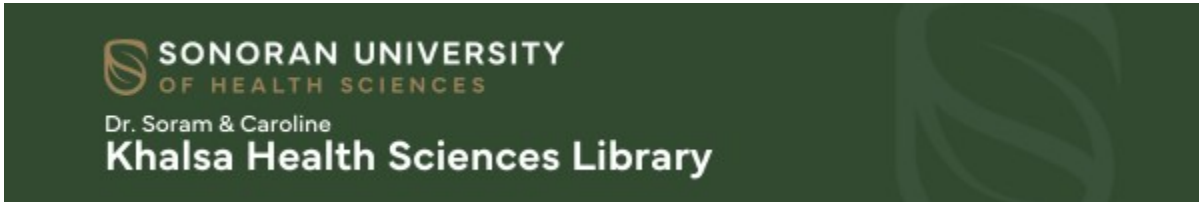


Robert Wilbanks

From: Library
Sent: Wednesday, March 18, 2026 7:15 AM
To: Library
Subject: Sonoran University Library News: Tips, Tricks & Tidbits



Providing the Resources You Need, Giving You the Power to Succeed.

NEWSLETTER
Tips, Tricks & Tidbits
March 17, 2026



OBSERVE QUIET PLEASE

With ND Final Exams Week upon us, let us all be mindful in the Library as many seek a quiet place to study.

While we all know that being Quiet is a standard practice when using a Library, often without thinking many of us will get loud using the phone, or talking over the copy machine, or discussing class or club activities and more. Fairly quickly the noise level will build. As a courtesy to your fellow students, as we approach the end of the Quarter and Final Exams approach quickly, let's try to practice a little more mindfulness with regard to the noise we may be making as individuals or in groups. Thank you.

LIBRARY STUDY ROOMS LIMITED AVAILABILITY

Be advised that due to ND Final Exams taking place in the Library during Final Exams Week, March 16th through 20th, there will be an extreme limited availability of the Study Rooms in the Library. Please prepare and plan accordingly.

FAREWELL MARY

Please join me in saying farewell and sending best wishes to Mary Howard Harris, Sonoran Library Assistant II. Mary has submitted her resignation and will be leaving us at the end of the month of March.



Mary Howard Harris
Library Assistant II

Since May 22nd, 2019, Mary Howard Harris has provided great assistance, suggestions and support to improve the Sonoran Library's resources and services. With her experiences working in an Academic Library setting, and as an MLS Librarian, she provided great valuable research knowledge and training abilities to both Faculty and Students. She was very service oriented, and eager to help all of our patrons in the Sonoran University Community.

With a Masters in Library Science, Mary has many years experience in the Library field, including in the Public Library, as well as in the Academic Library setting. She is currently Library Faculty Adjunct at the Pecos Campus of the Chandler-Gilbert Community College. With her great organizational and processing skills, and her ability to flow with changes, she greatly helped make improvements to the Library and it's services. She was committed to a great sincere desire to see our students succeed, and providing them with detailed information that will help them in the areas that they struggle most.

So, in her words, "the time has come to bid adieu. Time to travel, time to finally plant some vegetables in my above-ground planters, time to purge my garage, rev up my Corvette, and time to relax a little. My workload will drop from 54 to 25 hours a week. (Note: I'll still be a Faculty Librarian at Chandler-Gilbert Community College Library if you dare to fight the traffic.)

SCNM/Sonoran has been one of my safe places for the past seven years and some of you have really enriched my life, knowledge, and faith in Naturopathic Medicine. You'll be great Naturopathic Doctors, Nutritionists, and Therapists making a difference.

Take care and thanks for all the memories!"

Stop by the Café this Thursday 3/19 at Noon for some farewell treats!

HEADPHONES AVAILABLE IN LIBRARY

If you were not aware, the Library does have headphones that you may use while in the Library. This will allow you to watch and/or listen to audio and video files, databases and presentations in the Library while maintaining the quiet environment for your fellow classmates who are also studying in the Library. You may checkout headphones at the Library Main Desk. Please return them when you are done.

APA PsycTESTS from EBSCO

This database is an authoritative source of structured information about tests of interest to a variety of fields. Produced by the American Psychological Association, it provides access to thousands of actual test instruments, most of which are available for immediate download and use in teaching and research.

Professionally indexed, APA PsycTests makes it easy to download select research instruments, including a wide range of reliable measures never made commercially available. Extensive coverage along with thousands of research instruments makes APA PsycTests an ideal starting point for researchers initiating new research projects.

APA PsycTests indexes a wide variety of test types and instruments including aptitude tests, personality scales and cognitive functioning measures.

- Research instruments available as PDF downloads or multimedia files
- Select measurements available in more than 40 languages
- Coverage spanning more than 100 years, with a strong emphasis on current research instruments

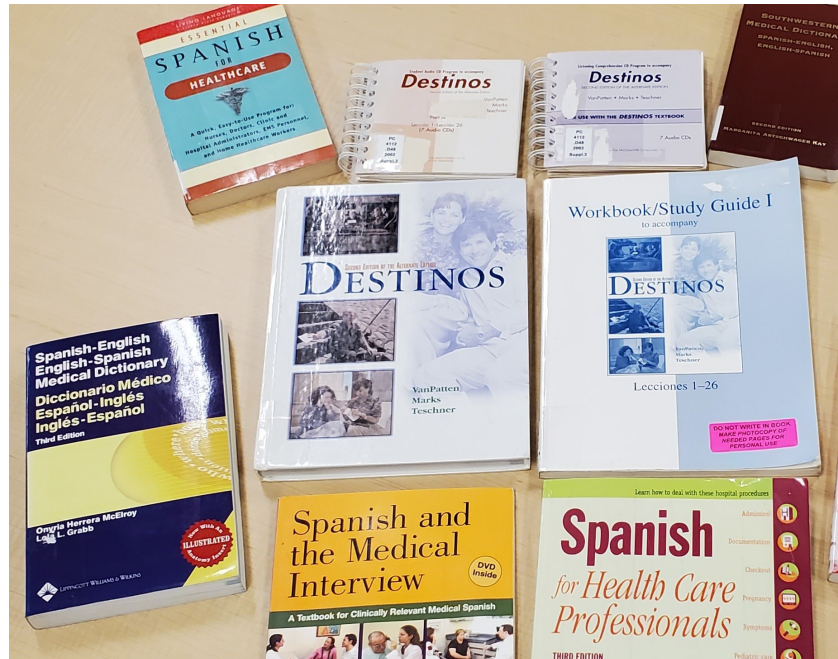
AMERICAN BOTANICAL COUNCIL

The Sonoran Library's subscription to HerbalGram includes membership in the American Botanical Council, and as a result includes online access to a wealth of information and resources. These resources include Full Issues of current and past issues of HerbalGram, the complete Commission E Monographs, and the Expanded Commission E. Monographs, HerbMedPro, and the ABC Clinical Guide to Herbs. Check out these extensive resources by logging in to MySonoran, go to the Library Home page, then scroll down the left menu and click on the Library's ['Naturopathic Medicine Resources'](#) page for information on the login for Students and Faculty. When logged in to the American Botanical Council, click on Resources on the far left near the top of the web page.

The screenshot shows the American Botanical Council website. At the top, there is a navigation bar with links for 'JOIN/RENEW', 'DONATE', and 'HI SONORAN UNIVERSITY OF HEALTH SCIENCES LIBRARY'. Below this is a banner image of a pink flower with the text 'Your source for reliable herbal medicine information'. A dark green navigation menu is open, listing various resources such as 'ABC Clinical Guide To Herbs', 'HerbClip', 'Adopt An Herb', 'HerbMedPro', 'Botanical Adulterants Prevention Program', 'Identification Of Medicinal Plants', 'Complete German Commission E Monographs', 'Other Monographs And Articles', 'Healthy Ingredients', 'Related Links Page', 'HerbalEGram', 'Sustainable Herbs Program', 'HerbalGram', and 'Terminology'. A search bar is visible on the right side of the menu. Below the menu, there is a section titled 'Award from Nutralngredients-USA' with a date of July 18, 2023. On the far right, there is a sidebar with a call to action: 'Make Your Will for Food and Support ABC!' and a note about creating a will online through donations and support for the nonprofit mission.

SPANISH FOR HEALTH CARE LIBRARY RESOURCES

This image shows just some of the books in the Sonoran University Library with respect to learning Spanish in general, or resources highly specific to Spanish in Medicine. Please utilize the Library's Catalog to find these and many more resources in the Sonoran Library collection: <http://librarycatalog.sonoran.edu>



!!! EXTENDED CIRCULATION PERIOD CONTINUES THIS WEEK !!!

Beginning this week, because of the upcoming Two-Week Break, an extended checkout period, beyond the normal 3-week loan period, is being applied to the checking out of books and audio-video materials. Any General Library items checked out any time this week, through Final Exams Week, will not become due until the first day of the Spring Quarter, April 6th, 2026. So, come in and get materials to prepare for Final Exams, or check out some casual reading materials for the Break, or get a head start on the next quarter.



APPOINTMENTS REQUIRED

CANCELLATION ESSENTIAL

Contact the Library Directly

The Library is openly accessible. No appointment required for the open use area, including the copier/printer, computers, etc.

Library Study Rooms are **NOT** available on a 'first-come, first-serve' basis. A Reservation is **required**. Please make sure that you are [reserving study rooms inside the Library](#) due to space limitations and high demand.

You are still required to schedule an appointment date, time and length of time, in order to come in to utilize the Library Study Rooms only. If you are unable to keep your appointment, it is absolutely essential that you contact us at your earliest possible convenience to cancel. Available appointment spots are limited.

CONTACTING THE LIBRARY

For any Library questions or assistance, please contact the library by e-mail as the primary method of communication. Due to the library's limited hours and staffing, the library staff is more likely to be able to respond by e-mail at most any time in the order they are received; though delays may occur. If extensive assistance by phone is necessary, scheduling an appointment during the above mentioned Library hours will be required. Teams appointments may be scheduled for Library video instruction.

- Library Home Page : <http://library.sonoran.edu>
- Library Catalog : <http://librarycatalog.sonoran.edu>
- Library Facebook Page: <http://facebook.com/sonoranlibrary>
- Library E-mail: library@sonoran.edu

If you have any questions, don't hesitate to ask.
Come In And Enjoy Your Library Privileges!

Library Staff and Bookroom Hours:
Monday-Friday: 8:00am-5:00pm
Not staffed Saturday, Sunday, Major Holidays and Fall Break

Sincerely,
Library Staff



Evidence-
Based, Naturally

Library Staff

Sonoran University Khalsa Health Sciences Library

Sonoran University of Health Sciences
2140 E Broadway Rd. | Tempe, AZ 85282
480-222-9247 (office) | 480-222-9447 (fax)
Library@Sonoran.edu

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